

Vivian Zhang

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Education:

- Northwood High School, Irvine CA Aug 2020-present
- Sierra Vista Middle School, Irvine, CA Aug 2018-June 2020
- Harada Elementary School, Eastvale, CA Aug 2012-June 2018

Grade Point Average:

- Cumulative GPA: 3.97

Volunteer Experience:

- Education for Nepal: Online Culture Teacher** May 2021-present

Conducting online lectures through zoom twice a week to teach the kids from Nepal. Researching on the topics and creating the slideshows covering a variety of topics. I develop curriculum materials that cover different aspects of culture, which include topics like art, history, customs, traditions, language, cuisine, and more.

- New Hope for Santa Ana Low Income Neighborhood: Coordinator** June 2020-present

JYSEP program is a global movement inspiring young people, parents, and community members to work together toward a better world. Over the past 20 years, it has grown from a small grassroots program in Colombia to over 150 countries around the world. I volunteered as a mentor in the Santa Ana Jr. Youth Empowerment Program.

I volunteered in the Santa Ana Jr. Youth Empowerment Program. We assembled groups of 10-30 'Junior Youth' within the low income neighborhoods and helped them to understand how we, as young people, can contribute meaningfully to the advancement of society. We meet biweekly to find, plan, and execute local acts of community service.

- Sustainable gardening in Paraiso, Costa Rica** June 2023

I, along with five individuals, worked on a permaculture and bioconstruction project with an unforgettable hostel community. We planted a variety of crops using organic and regenerative farming techniques and worked alongside the local community members to educate them about permaculture principles and the benefits of sustainable farming practices.

Activities:

- **EmpowerED: Founder**

Founded an eating-disorder club specifically geared towards those who cannot afford proper treatment. I structured EmpowerED in a way that allowed members to explore both the psychological and physiological toward recovery and improved well-being. Our primary objective is educating so we focus on nutritional education, as well as wellness sessions. We explore the psychological aspect behind eating disorders by collaborating with Teens Psychology Society, a club in which we do joint projects such as our yearly collaborative research project.

January 2020-present

- **LifeWithHangul: Founder**

I founded this club to create a welcoming and educational space for non-Koreans who are eager to learn about Korean culture, language, and various aspects of Korean life. We aim to foster cultural exchange, language acquisition, and an appreciation for Korean traditions, customs, and contemporary culture. Our goal is to provide aspiring non-Koreans with a platform to explore and immerse themselves in Korean heritage while building connections and friendships within our diverse community of members.

June 2021-present

- **Innovation Club: Youth Mentor**

Each week, we are presented with a philosophical writing prompt that challenges us to explore complex ideas and delve into the depths of human thought. These prompts often touch on fundamental questions about existence, morality, knowledge, and the nature of reality. It's an opportunity to not only sharpen our writing skills but also to engage in deep philosophical contemplation.

As a youth mentor, I facilitate discussions on philosophical prompts, encouraging critical thinking and respectful dialogue while offering constructive feedback to enhance writing skills. I also introduce diverse philosophical concepts, ethical dilemmas, and philosophical literature, nurturing curiosity and fostering an inclusive, open-minded environment.

March 2020-present

- **EcoCrew: Co-founder**

Founded an environmental club with a classmate. We were united by a shared belief that collective action is the driving force for pivotal change. Together, we brought in environmental guest speakers to our class. We also held an environmental film festival, screening documentaries and films to inspire action. We educate members and the public about environmental challenges, encouraging sustainable practices, advocating for environmentally responsible policies and actions, engaging the community in hands-on environmental initiatives, collaborating with like-minded organizations, and conducting research to support evidence-based advocacy.

September 2022-present

- **Leader of Sustainability: Project Director**

May 2021-present

Researching in topics related to sustainability, competing sustainability projects bi-monthly and preparing for UNWTO competition

- **GIFT Girls Impact for Tomorrow: Writing Director** May 2021-present
Aiming to improve women's role in the society and promoting the equality between women and men, minimizing all forms of gender stereotypes and making education, healthcare available to all females in the developing countries. Issuing monthly newsletter to raise awareness of sexual violence and gender equality. Publishing monthly magazines. Selling handcrafts and donating the funds to the people in Nepal.

- **Wrote research proposal on Bulimia Nervosa** May-August 2022

Wrote *Effectiveness of Reverse-Dieting Compared to Cognitive Behavioral Therapy for Treatment of Bulimia Nervosa* by proposing reverse-dieting, a relatively untouched topic, as an affordable yet effective solution to bulimia nervosa. While researching, I noticed that many treatments that were provided were very costly, so I made the primary goal of my research paper to be inclusivity as I wanted to ensure that everyone could access effective treatment.

https://drive.google.com/file/d/1rrsqA6lzdpcVZAyDb_LjD4e3zgijYL/view?usp=sharing

Internship:

- **Palos Verdes Pulse Business Internship** May 2021-August 2021

Focusing on global environmental sustainability, helping to build and improve Palos Verdes website and in charge of the writing for the website.

(<https://www.palosverdespulse.com>)

- **MobilizeGreen Internship** July 2023

I was part of the Youth Conservation Crew in which our focus was strictly in conservation. As a member of the improving water quality group, we actively engaged with local authorities and policymakers to advocate for stronger regulations and policies to safeguard our water sources. For my final project, I created a policy memo proposing the implementation of organic waste and contaminated plastic bins in Irvine shopping centers, alongside a petition to raise awareness.

https://www.change.org/p/implementation-of-organic-waste-and-contaminated-plastic-bins-in-shopping-centers?recruiter=1168755562&recruited_by_id=70eea970-3cad-11eb-93d5-f374e118c428&utm_source=share_petition&utm_campaign=share_for_starters_page&utm_medium=email

Summer Programs:

- Thinking Like a Doctor-Columbia University August, 2021
In depth of learning medical terminologies and medical field using ihuman, understanding medical student's life and challenges, attending well-known medical speakers' presentation and round table

Work Experience

- **Silverlake Ramen: Hostess** June-August, 2022
I played a central role in the restaurant's operations. I'm responsible for seating guests promptly, estimating wait times accurately, and ensuring the smooth flow of diners while ensuring each guest feels welcomed and attended to. This makes me a key contributor to the restaurant's overall pace and efficiency.

Honors and Awards:

- MTAC Piano Competition-4th place Aug 2012
- The President's Volunteer Service Award (250+ hours) 2022

College Level Classes:

- Introduction to Communications: received A Spring, 2022
- Introduction to Information Technology: received A Spring, 2022
- Business & Communications Fall, 2022
- Music Appreciation Fall, 2022
- Research & Composition Summer, 2022
- Literature & Composition Summer, 2022
- AP Literature Summer, 2023

Certification:

- CM Piano-level 8 March 2018