### Hello

# My name is Parmees Sohrabi

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### **Skills**

Math Skills, Food Preparation & Handling, Restaurant Experience, POS Experience, Customer Service, Communication Skills, Attention to Detail, Teamwork Skills, Bilingual,

## **Experience**

September 2020 - December 2021

**Lamppost Pizza, Irvine** - Food Service Worker

During my time at Lamppost Pizza, I had the chance to do many different jobs. I worked as a cashier, waited on tables, helped with food prep and cooking, cleared tables, took orders for take-out, washed dishes, and did various other important tasks. These different experiences helped me learn a lot and become good at different parts of the job. It made me better at my work and helped me understand the restaurant business better, which made me want to do my best in all parts of my job.

December 2021 - September 2023

#### **Yard House, Irvine** - *Hostess*

I have had the privilege of serving as a hostess for nearly two years, during which time I consistently earned the respect and admiration of both my colleagues and supervisors. I was able to develop my outstanding work ethic and customer service abilities during my time in this position. In my role as a hostess, I undertook a range of responsibilities that contributed to the overall success of the establishment. My duties included warmly welcoming guests, assisting them in selecting suitable seating arrangements, engaging in friendly and engaging conversations to enhance their experience, managing reservations efficiently, and ensuring the cleanliness and maintenance of restroom facilities. I was proud of my ability to prepare for and respond to visitor needs and preferences. If a guest complained about their table, I skillfully and quickly moved them to a better one. In addition, I took it upon myself to keep the dining room tidy, quickly cleaning any unclean tables for guests if seated at a dirty table or making arrangements for substitute seats as required. I constantly went above and beyond my core responsibility to help the waitstaff by bringing water to tables or whatever was needed like a take-out box, sauces, etc. I also would help run food regularly. I was happily assigned to do take-out by organizing take-out orders and handling curbside or pickups. I was able to help the restaurant run smoothly because of my adaptability and comfort in a hectic setting. In summary, my experience as

a hostess has equipped me with strong customer service and communication skills and the ability to thrive in a high-pressure setting. My dedication, attention to detail, and commitment to enhancing the guest experience make me a valuable asset to any hospitality team. One significant accomplishment I had was being an Employee of the month.

## **Education**

August 2017 - June 2021

**Irvine High School, Irvine** - *Degree* 

August 2021 - May 2024

Irvine Valley College, Irvine - Associate Degree

### **Awards**

"Employee of Month" - Yard House August 2022

## **Certifications**

**Food Handler Certificate**